Botanical-Inspired 4D Printing of Hydrogel at the Microscale

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Botanical systems have evolved the intriguing ability to respond to diverse stimuli due to long-term survival competition. Mimicking these dynamic behaviors has greatly advanced the developments in wide fields ranging from soft robotics, precision sensors to drug delivery and biomedical devices. However, realization of stimuli-responsive components at the microscale with high response speed still remains a significant challenge. Herein, the miniature biomimetic 4D printing of pH-responsive hydrogel is reported in spatiotemporal domain by femtosecond laser direct writing. The dimension of the printed architectures is at the microscale (<102 µm) and the response speed is reduced down to subsecond level (<500 ms). Shape transformation with multiple degrees of freedom is accomplished by taking advantage of pH-triggered expansion, contraction, and torsion. Biomimetic complex shape-morphing is enabled by adopting flexible scanning strategies. In addition, application of this 4D-printed micro-architecture in selective micro-object trapping and releasing is demonstrated, showcasing its possibilities in micromanipulation, single-cell analysis, and drug delivery.

1. Introduction

Shape-morphing organic systems exist ubiquitously in nature, particularly in the plant kingdom. After sufficient evolution for billions of years, a variety of plant organs such as flowers,[1] leaves,[2] tendrils,[3] and nutshells[4] are gifted the ability to respond to external stimuli[5,6] such as heat, moisture, force, and light via regulating tissue constituent and mechanical asymmetry of cell walls. These natural stimuli-responsive dynamic conformations have inspired researchers to develop a variety of biomimetic devices for broad applications in soft robotics,[7,8] smart textiles,[9] drug delivery,[10] and biomedical machines.[11] By combining the ongoing 3D printing technologies with the active shape-transformative materials, the concept of 4D printing is posed to realize printed components that are able to change their morphologies responding to environmental stimuli.[12] Till now, many useful dynamic devices have been created such as smart actuators by moisture-sensitive graphene paper,[7] light-responsive artificial muscles without assembling or joints,[13] and magnetically driven soft hydrogel robot.[14]

To date, shape memory polymers,[15] hydrogels,[16,17] and other extracted biomaterials[18] are main active materials employed for 4D printing. Among them, hydrogel is a kind of readily synthetized material with distinct advantages[19] such as high biocompatibility, tunable toughness, high water content, and low cost, making it a promising candidate as interfacing material for biomedical applications including noninvasive diagnosis,[20] targeted therapy,[21] cells manipulation, and implants.[22] Biomimetic 4D printing of hydrogel has been realized using direct ink printing and further actuated by utilizing the anisotropic swelling behavior in water.[19] The dimension of the printed structures is at the millimeter level and the shape transformation takes several minutes. Electrostatically anisotropic hydrogel actuator with a fast thermal response (on the order of tens of seconds) has also been obtained.[23] However, it is still at the millimeter scale. From the viewpoint of practical applications, development of architectures at the microscale with fast response speed is crucial for targeted drug delivery and bioengineering.[24] Reconfigurable microscale hydrogel temperature-responsive helical architectures have
been reported and the response time is hopeful to be enhanced by increasing the rate of heating.\[^{25}\] Although fabrication and actuation of hydrogels has been intensively studied,\[^{17,26}\] facile 4D printing of environmentally responsive hydrogel structures with complex 3D geometry, microscale dimension, on-demand actuation ability, and fast transforming speed is still in high demand.

Femtosecond laser direct writing enabled by two-photon absorption has arresting features of nanometer spatial resolution, ultralow thermal effect, and excellent geometry designability.\[^{27}\] Tremendous endeavors have been made to create 3D hydrogel microstructures with femtosecond laser towards promising photonic and biomedical applications.\[^{28}\] Microscale hydrogel structures with rapid swelling capability has been demonstrated by Shear and co-workers.\[^{29}\] 4D printing of hydrogel with high structural complexity and multiple freedoms of shape-morphing remains to be further explored. Here, we utilize femtosecond laser direct writing to print stimuli-responsive hydrogel in spatiotemporal domain. Plant-like microscale 3D hydrogel structures are created with high actuation speed (<500 ms) by changing the pH value of the liquid environment. By tailoring the laser scanning strategy, multiple degrees of freedom including not only expansion, contraction, and torsional deformation, but also complicated wrinkling and curling distortion, have been realized. Complex microcages are constructed to demonstrate their ability to selectively trap and release micro-objects, which holds great potential for biomedical applications.

2. Results and Discussion

2.1. Fabrication and Swelling Properties of the Hydrogel

A pH-responsive hydrogel containing a large amount of carboxyl groups in the side chain is used. In order to realize large swelling ratio, the crosslinking density should be controlled to a relatively low level. However, low crosslinking density results in poor mechanical strength of the printed hydrogel, making the hydrogel structures too soft to constitute 3D freestanding structures. Therefore, inevitable trade-offs between the swelling ratio and the mechanical stability have to be considered in the compositional design of the materials. Here, polyvinylpyrrolidone (PVP) is added to increase the solution viscosity, which facilitates the construction of complex 3D hydrogel microstructures (see Experimental Section and Figure S1, Supporting Information).

The hydrogel samples are fabricated by femtosecond laser direct writing (Figure 1a). When they are immersed in a solution with a pH value greater than the ionization threshold (pH = 9), the pendant acidic (carboxylic) groups in acrylic acid (AAc) can release protons and thus be ionized. The electrostatic repulsion forces between carboxylyte ions repel other molecular chains, resulting in significant expansion of the polymer grid size (Figure 1b). On the contrary, the carboxyl groups accept protons and thus be deionized when the pH value is lower than 9. The ionization of the carboxyl groups is much stronger than the deionization. Consequently, the hydrogel exhibits strong and weak swelling in alkaline and acid solutions, respectively (Figure S2, Supporting Information).

In order to study the expansion and contraction characteristics of this hydrogel, a cubic plate (side length \( L = 40 \mu m \)) and a circular plate (diameter \( D = 40 \mu m \)) are prepared and measured. In order to avoid the restriction of substrate on the motility of the structure, the plates are fabricated on an elongated cylindrical base with a height of 10 \( \mu m \) (Figure 1c). When the as-prepared structures are placed in NaOH solution having a pH > 9, significantly rapid expansion is observed within 0.5 s. After that, by dropping a sufficient amount of dilute HCl solution, the structures can deswell quickly and the whole restoring process can be completed in 0.33 s. In brief, as soon as the pH exceeds the ionization threshold, the printed hydrogel structures respond at the subsecond level. According to the experimental observation, the fast shape-morphing ratio mainly results from the small size of the printed microstructure. It takes much less time for the diffusion of acids or alkalis over the microstructures than the macroscopic scales, thus facilitating fast actuation speed. Therefore, the transformation speed of printed hydrogel microstructures can be tuned by the amount and frequency of liquid dropping. Note that due to the swelling property of the hydrogel, the size of the contracted state is still slightly larger than the size of primary design (Figures S3 and S4, Supporting Information).

Referring to the definition of strain in material mechanics, we define the expansion ratio of the hydrogel structures in expanded state (or contracted state) as the ratio of the length change (expansion or contraction) to the designed length, that is, the expansion ratio for the expanded state is:

\[
\varepsilon_{\text{expansion}} = \frac{L_{\text{expansion}} - L_{\text{design}}}{L_{\text{design}}} \tag{1}
\]

and the expansion ratio for the contracted state is:

\[
\varepsilon_{\text{contract}} = \frac{L_{\text{contract}} - L_{\text{design}}}{L_{\text{design}}} \tag{2}
\]

As shown in Figure 1d, the typical \( \varepsilon_{\text{expansion}} \) measured in our experiments are 0.53 and 0.52, and the \( \varepsilon_{\text{contract}} \) are 0.072 and 0.066 for the cubic and circular plates, respectively. In order to quantify the realistic deformation range of the pH-responsive structure during the swelling–deswelling process, relative expansion ratio (RER) is defined to be the ratio of the length difference between the expansion state and the contracted state to the contracted length:

\[
\text{RER} = \frac{L_{\text{expansion}} - L_{\text{contract}}}{L_{\text{contract}}} \tag{3}
\]

Therefore, the RER value can reflect the relative deformation capacity of the structures. As shown in Figure 1c, the typical RER of the hydrogel is measured to be 0.43. The values for both cubic and circular plates are almost the same, revealing good homogeneity and isotropic swelling characteristics of the hydrogel. To evaluate the fatigue resistance of the printed hydrogel, the expansion ratio of the cubic plate is measured with multiple expansion and contraction cycles (Figure 1e), validating good repetition performance of the hydrogel.
By changing the laser processing parameters, the RER can be quantitatively regulated. As shown in Figure 1f,g, RER monotonously decreases with the number of scanning repetition times and laser power with the same exposure time. Moreover, when the laser exposure time increases from 0.5 to 1.5 ms, RER gradually decreases. A maximum RER of 0.64 can be achieved with a single scanning at laser power of 7 mW and exposure time of 0.5 ms. The reason relies on the fact that the crosslinking of hydrogel directly determines its swelling performance. More scanning times, higher laser power and longer exposure time give rise to denser crosslinking and thus lower RER. The exposure time is chosen to be 1 ms in the experiments hereinafter unless otherwise specified.

2.2. Rapid Swelling and Deswelling of Stimuli-Responsive Biomimetic Microleaves

By imitating the plant leaves in nature (inset of Figure 2b), single-layered blade structures of various shapes are designed and fabricated using the pH-responsive hydrogel (Figure 2a,c,e-i, and Videos S1 and S2, Supporting Information). The blade structures are attached to the glass substrate.
through an elongated cylinder pillar that imitates the stem, rendering them true 3D structures. Benefited from the high flexibility of femtosecond laser direct writing, microleaves with diverse shapes can be readily printed. The numbers, lengths, and directions of leaves can be controlled with ease. In order to compensate the influence of hydrogel fluidity and allow the blade to maintain its shape during processing, a reciprocating scanning strategy is adopted by scanning back and forth along the transverse direction (Figure 2b). From the scanning electron microscopy (SEM) image of the resultant microarchitecture (Figure 2c), we can see that the microscale 3D geometry is replicated by femtosecond laser with high fidelity. The thickness of the blades is about 2.9 µm, reflecting the voxel size of the laser focus spot in the longitudinal direction. The nanometric scanning lines can be clearly seen along the transverse orientation of the blades. A numerical expansion model is used to simulate the swelling behavior of microleaves, as shown in Figure 2d (Figure S5, Supporting Information). According to the numerical prediction, isotropic swelling occurs once the environment become strongly alkaline, which is consistent with the experimental observation (Figure 2e–l, and Figures S7 and S8, Supporting Information). These processed structures can undergo elegant expansion and contraction when changing the pH values of the liquid environment. Moreover, this change is reversible and the degree of shape deformation can be regulated through tuning the laser processing parameters, as suggested in Figure 1f,g.

2.3. Chiral Torsion of the Printed Microstructures by Altering Scanning Strategies

Besides the conformal expansion and contraction, twisting of the printed hydrogel microstructures is desirable for achieving more freedom of motions. It is found that the arrangements of scanning directions play a crucial role on the deformation of the structures. As shown in Figure 3a, if the blade structure is scanned back and forth alternately along the transverse direction (termed as reciprocating scanning), the resulting blade shows isotropic expansion and contraction (Figure 3c). Intentionally, the blade can be scanned along a unidirectional direction, from one specific side to the other. When the liquid environment is changed to be pH < 9, the blades exhibit significant contraction as well as rapid twist towards to the edge where the scanning is initiated (Figure 3b). Conversely, the twisting direction is reversed if the unidirectional scanning is changed to the opposite direction (Figure 3d), showing a chiral twist. This phenomenon is caused by the inherent characteristics of the laser scanning system. The laser focus governed by the galvo mirrors can reach a high speed rapidly but need
a buffer distance from the fast motion to the complete stop. Therefore, the side where the laser spot scanning ends corresponds to a longer exposure time and higher crosslinking densities. From the optical microscope and SEM images, we can clearly see that the edge contour of the side where the scanning ends is obviously sharper, which means that the edge region is more densely crosslinked, corresponding to a lower RER. When the blade changes from the expanded state to the contracted state, the length of the side with smaller RER after contraction is longer than the other region, so the blade twists towards the direction where the scanning starts. Note that the blades structures appear to be rotated before adding alkaline solution because the printed hydrogel swells even in the neutral environment. The hydrogel swells immediately once it is polymerized under the irradiation of laser. The addition of alkaline solution results in significant expansion of the structure due to strong electrostatic repulsion and thus weaken the chiral rotation effect. In order to quantitatively characterize the twisting performance, the torsion angle is defined by connecting the blade tip and the center point of the base to form equiangular segments and then measuring the angle difference between the segments before and after contraction. According to our measurements, the typical torsion angle is about 25°. This torsion achieved by controlling the scanning directions is limited, and it is hard to tune the torsion angles flexibly.

To further enhance the twisting behaviors, varied-regional multiple scanning (VRMS) strategy is proposed to tailor the strain gradients. The designed structure is divided into different regions and each region can be scanned for different repetition times. In this way, we can accurately control the RER of each region and precisely control the torsion angle. As illustrated in Figure 3e, the number of scanning repetitions for red and yellow regions is \( r_t \) and \( r_{t_1} \), respectively. The width ratio of the red region to the blade width is \( a/w \). The inset is an oblique view SEM image of a five-leaves structure with \( r_t = 2 \), \( r_{t_1} = 5 \), and \( a/w = 0.5 \). The simulation of the chiral twist is shown in Figure 3f. As illustrated in Figure 3g,h, some blade structures with different leaves and different chirality are prepared (Video S3, Supporting Information).

Figure 3. Chiral torsion of the printed microblade structures with different scanning strategies. a) Illustrations of different scanning strategies by controlling the scanning directions, and b–d) represent the corresponding torsion directions after contraction and SEM images in contracted states. c) shows simply uniform contraction, while b) and d) show counterclockwise and clockwise twist after contraction, respectively. All the blades are designed to have lengths of 30 \( \mu \)m and widths of 9 \( \mu \)m. Scale bars: 10 \( \mu \)m. e) Schematic diagram of the VRMS strategy. Different scanning repetition times are set as \( r_t \) and \( r_{t_1} \) for different regions. The width ratio of the red region to the blade width is \( a/w \). The inset is an oblique view SEM image of a five-leaves structure with \( r_t = 2 \), \( r_{t_1} = 5 \), and \( a/w = 0.5 \). f) Simulation of the chiral twist. g,h) Diverse blade structures with chiral twist. Scale bars: 20 \( \mu \)m.
2.4. Influence of the Scanning Parameters on the Chiral Torsion

The effect of different parameters on the torsion angle of the VRMS-blade structure is studied. When the scanning repetitions $r_1$ and $r_t$ are fixed to be 5 and 2, respectively, and scanning starts from the side with smaller scanning repetition (Figure 3e), the torsion angle gradually increases with the width ratio $a/w$, and then starts to decrease after reaching a maxima. The maximum twist angle can be as high as $100^\circ$ and the twisting deformation can be realized in 0.33 s (Figure 4a,b and Video S4, Supporting Information). The curves in Figure 4b measured for the blade structures with different leaf numbers $n$ and different twist directions (left- and right-handed) show good symmetry. The region with less scanning repetition $r_1$ (red area in Figure 3e) has larger RER than the other region. With the increase of $a/w$, the region with smaller scanning repetition can generate more tensile stress and bending moment, causing larger twist. Due to the difference in the elastic modulus caused by the different times of scanning repetition, the torsion angle reaches a maximum at $a/w$ of 0.8. Then, as $a/w$ continues to increase, the zone of $r_1$ is too small to produce a large stress and bending moment, so the torsion angle begins to decrease slightly. The twist angle at $a/w$ of 0 and 1 is caused by the unidirectional scanning as illustrated in Figure 3a–d. At the same time, because the maximum torsion angle ($\approx 100^\circ$) is larger than the corresponding...
circumference angle of the adjacent two blades \( 360°/n \) when the number of leaves \( n \) exceeds 3, all the blades deswell into plum blossom shapes (Figure S9 and Video S5, Supporting Information), resulting in a decreased twist angle on the measured curve.

The twist angle can also be quantitatively adjusted by changing the values of \( r_t \) and \( r_t \). In Figure 4c,d, the width ratio \( a/w \) is fixed at 0.5, and the scanning direction is from the side with scanning repetition of \( r_t \). When \( r_t \) is fixed and \( r_t \) is increased, the torsion angle is obviously decreased (Video S6, Supporting Information). When \( r_t \) is smaller than \( r_t \), the RER gradually decreases as the value of \( r_t \) increases, leading to a smaller bending stress and bending moment. When \( r_t \) is greater than \( r_t \), the RER of the side with scanning repetition of \( r_t \) is smaller than the other side, which suppresses the torsion toward the \( r_t \) side caused by the system, hence the torsion angle continues to decrease. At the same time, as \( r_t \) increases, the overall torsion angle continues to decrease. In this way, we are able to achieve quantitative control of the blade torsion angle.

By adopting the VRMS strategy and adjusting the processing parameters, some elegant plant-like blade structures with different twist directions can be obtained as shown in Figure 4e–j (Figure S10 and Video S7, Supporting Information). In the contracted state, these structures can self-assemble, and then disperse in the expanded state. Combining the simple expansion and torsion of the blade, a plethora of natural dynamic structural configurations can be mimicked. Moreover, in order to improve the strength of the processed microstructure, a crossed dual-directional scanning strategy is proposed, which can also be used to achieve reliable twisting of the microleaves (Figures S11–S14, Supporting Information).

### 2.5. Botanical-Inspired Complex Shape Transformation

In nature, fading of flowers experience non-uniform shape deformations resulting from the irregular modulus distribution and the uneven dehydration of the petals (Figure 5a). Furthermore, by introducing localized non-uniform defects in the 3D microstructures, more complex shape-morphing behaviors can be expected because the RER can be versatilely distributed. To this end, femtosecond laser with ultralow power (6 mW) is employed for hydrogel structuring. Due to the fluctuance of the laser output, fluidity of hydrogel, the blade structures with local non-uniformity are produced using low laser power and low scanning repetition. Moreover, the microstructures appear to be very soft owning to the weak crosslinking of hydrogel polymer chains, making it much easier for complex 3D shape morphing. As shown in Figure 5b–f (Videos S8 and S9, Supporting Information), complex 3D shape morphing with expansion, contraction, twisting, wrinkling, and curling can be mimicked by our proposed 4D printing of hydrogel in rapid speed (blooming in 0.39 s and withering away in 0.33 s). To our best knowledge, there is no previous reports on the realization of such complex biomimetic shape transformations with a single-layer homogeneous material.

### 2.6. Application of the 4D-Printed Microstructure in On-Demand Microparticle Capture and Release

Micro-object capture is of great importance in the fields of cell research,\textsuperscript{30} biomedicine,\textsuperscript{31} and drug transportation,\textsuperscript{32} and has drawn considerable attention from worldwide researchers. Here, we show that capture of microparticles can be achieved by our 4D-printed hydrogel structures. A complex microcage is designed and fabricated by femtosecond laser. It can be used for the capture of microparticles by utilizing the difference of the size of the pores in the expanded and contracted states (Figure 5g,h). The diameter \( W \) of the inscribed circle of the regular hexagonal of the microcage is 8 \( \mu \)m in the contracted state, and \( \text{SiO}_2 \) particles whose diameter \( D \) is 10 \( \mu \)m cannot enter the microcage. When swelling, the diameter of the pore \( W \) reaches 12 \( \mu \)m (Video S10, Supporting Information), therefore the \( \text{SiO}_2 \) particles smaller than 12 \( \mu \)m are able to enter the microcage (Video S11, Supporting Information), while the particles larger than 12 \( \mu \)m are blocked outside. Then, the microcage can be controlled to shrink on-demand by adding dilute hydrochloric acid (Video S12, Supporting Information), trapping the particles therein, therefore completing the capturing of the microparticles. The other particles outside the microcage can move freely in the solution and can be cleaned out. Meanwhile, the trapped microparticle can be readily released by changing the solution to make the microcage expands (Figure S15 and Video S13, Supporting Information). Moreover, after coating a magnetic layer on the microcage, the trapped microparticle can be driven to transport in a controllable manner by magnetic field (Figure S16 and Video S14, Supporting Information). Thanks to the good design flexibility of the laser printing technique, the pore size can be easily changed to trap specific particles. This concept of proof demonstration of selective micro-particle trapping and releasing unfolds new possibilities in cell micro-manipulation, drug delivery, and screening. Note that the alkaline environment (\( \text{pH} > 9 \)) can negatively impact cellular health, which brings about great challenges for realistic applications for cell manipulation. In order to avoid harm to the cells, only cells or fungi who live in alkalescent environments can be manipulated using the current technique. One feasible solution is tuning the ionization \( \text{pH} \) threshold (down to 7.4 or even lower) by modifying the polymeric molecular system. In this way, the application of the 4D architectures in biomedical engineering can be largely broadened.

### 3. Conclusion

Miniature biomimetic 4D printing of pH-responsive hydrogel is accomplished by femtosecond laser direct writing. Shape transformation with multiple degrees of freedom is realized with ultrahigh speed at the subsecond scale. Compared with the state-of-the-art 4D-printing technologies, the printed dimension is drastically reduced and the response frequency is significantly improved. By taking advantage of \( \text{pH} \)-driven expansion, contraction and torsion, complex shape-morphing behaviors in analogy of natural leaves and flowers are eventually mimicked. Furthermore, functional microcages are prepared for selective capture and release of micro-objects by controlling the pore size.
on demand. Our proposed microscale 4D printing of hydrogel would have great potential in applications ranging from biomedical devices, drug delivery to micromanipulation, and single-cell analysis.

4. Experimental Section

Preparation of the Hydrogel precursor: First 0.8 mL AAc (99%), 1.6 g N-isopropylacrylamide (98%), and 0.15 g PVP are added into 1 mL ethyl lactate (98%), then stirred to completely dissolve. Then 2.5 mL of the solution is mixed with 0.5 mL dipentaerythritol hexaacrylate (98%), 0.5 mL triethanolamine (99%), and 100 µL 4,4′bis(diethylamino) benzophenone/ N,N-dimethylformamide solution (20 wt%) by stirring overnight to make sure the even mixing of each component. In order to avoid unnecessary light exposure, the prepared hydrogel precursor needs to be kept in yellow light condition.

Femtosecond Laser Fabrication System: The femtosecond laser source is a mode-locked Ti:sapphire ultrafast oscillator (Chameleon Vision-S, Coherent Inc., USA) with a central wavelength of 800 nm. The pulse width is 75 fs, and the repetition rate is 80 MHz. The laser is tightly focused using a 60× oil objective with high numerical aperture (NA: 1.35) in order to realize high resolution. The laser focus is steered by a pair of galvo-mirrors for 2D scanning, while the step between two layers is realized by a linear nano-positioning stage.

Fabrication of pH-Responsive Hydrogel: Hydrogel precursor is a relatively viscous liquid glue. In the experiment, the precursor is first dropped on a cover glass and then heated at 100 °C for 15 min to reduce its fluidity. After that, processing is performed using femtosecond laser
direct writing technology. The polymer molecular chains at the laser focus are polymerized. The scanning spacing is set to be 400 nm, and the laser exposure time of a single spot is 1 ms unless otherwise specified. The processed sample is immersed in a developing solution (ethanol or isopropyl alcohol) for 20 min to remove the uncured precursor. The developed sample is then taken out and placed under an inverted microscope for in situ observation. In order to avoid the fast evaporation of ethanol, pure water is dripped around the sample. When the NaOH solution is dropped, the sample swells, and then dilute hydrochloric acid is added dropwise to make the sample deswells.

Characterization: Optical micrographs are taken with an inverted microscope for in situ observation. In order to avoid the gold layer with thickness of about 20 nm is sputtered.

Simulation: Simulation is carried out using a thermal expansion module in Comsol Multiphysics 5.3, a commercial simulation software.

Supporting Information
Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest
The authors declare no conflict of interest.

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